

Amy Food Inc.

good food, made in Houston

PRODUCT SPECIFICATION SHEET

UPC Code: 042957 03004 4

Vegetable Egg Roll 3 oz / 4 ct

Product Code: 03004

Nutrition Facts			
Serving Size 1 egg roll (85g)			
Serving Per Container 4			
Amount Per Serving			
Calories	130	Calories from Fat	8
% Daily Value*			
Total Fat	1g		1%
Saturated Fat	<0.5g		1%
Mono Fat	0g		
Poly Fat	0g		
Trans Fat	0g		
Cholesterol	3mg		1%
Sodium	402mg		17%
Total Carbohydrates	25g		8%
Dietary Fiber	2g		7%
Sugars	2g		
Protein	4g		
Vitamin A	34%	Vitamin C	11%
Calcium	3%	Iron	14%
*Percent Daily Values are based on a 2,000 calorie diet			



PACKING INFORMATION

Case Pack	Case Weight	Case Dimensions	Case Cube	Pallet Tie	Pallet Tier	Cases Per Pallet	Pallet Type
12/ 12.0 oz	10.55#	17"x8.75"x5.125"	0.44	10 cases	12 layers	120	48" X 40"

Filling Ingredient: cabbage, carrots, water chestnuts, celery, onions, rice, containing 2 % or less of the following: sugar, spices, salt, garlic; soy flour, modified food starch; sesame seed oil, garlic base (roasted garlic, salt, malto-dextrin [from corn], natural flavorings, cornstarch, canola oil, sesame seed oil).

Crust ingredients: Enriched Flour (wheat flour, niacin, reduced iron, thiamine mono nitrate, riboflavin, folic acid, enzyme added), water, salt, cornstarch, vegetable oil (canola and/or soybean)

ALLERGENS: Soy, Wheat

Cooking instructions: Defrost before cooking. Take egg rolls out from container.

Oven: Preheat oven to 350°F. Heat egg roll on flat sheet for 10 minutes, turn and heat 5 additional minutes.

Deep fryer: fry at 350°F for 3-5 minutes or until crispy and brown.

Microwave oven is not recommended.

SINCE EQUIPMENT VARIES, TIME AND TEMPERATURE MAY REQUIRE ADJUSTMENT.

The internal temperature of products should be 160°F.

SHELF LIFE: 12 MONTHS AT 10°F OR LOWER