

Amy Food Inc.

good food, made in Houston

PRODUCT SPECIFICATION SHEET

UPC Code: 042957 33002 1

Chicken Egg Roll 3 oz / 2 ct

Product Code: 33002

Nutrition Facts			
Serving Size 1 egg roll (85g)			
Serving Per Container 2			
Amount Per Serving			
Calories	135	Calories from Fat	27
% Daily Value*			
Total Fat	3g		5%
Saturated Fat	0.5g		5%
Mono Fat	1g		
Poly Fat	0.5g		
Trans Fat	0g		
Cholesterol	13mg		4.5%
Sodium	396mg		17%
Total Carbohydrates	14g		5%
Dietary Fiber	4g		16%
Sugars	2.5g		
Protein	11g		
Vitamin A	16%	Vitamin C	19%
Calcium	4%	Iron	8%
*Percent Daily Values are based on a 2,000 calorie diet			



PACKING INFORMATION

Case Pack	Case Weight	Case Dimensions	Case Cube	Pallet Tie	Pallet Tier	Cases Per Pallet	Pallet Type
24/6.0 oz	9.8#	17"x8.75"x5.125"	0.44	10 cases	12 layers	120	48" X 40"

Filling Ingredient: chicken, cabbage, carrots, onions, textured soy flour, contains 2 % or less of the following: sugar, spices, salt, flour, sesame seed oil, cornstarch, onion powder, garlic powder and black pepper.

Crust ingredients: Enriched Flour (wheat flour, niacin, reduced iron, thiamine mono nitrate, riboflavin, folic acid, enzyme added), water, salt and cornstarch, vegetable oil(canola and/or soybean)

ALLERGENS: Soy, Wheat

Cooking instructions: Defrost before cooking. Take egg rolls out from container.

Oven: Preheat oven to 350°F. Heat egg roll on flat sheet for 10 minutes, turn and heat 5 additional minutes.

Deep fryer: fry at 350°F for 3-5 minutes or until crispy and brown.

Microwave oven is not recommended.

SINCE EQUIPMENT VARIES, TIME AND TEMPERATURE MAY REQUIRE ADJUSTMENT.

The internal temperature of products should be 160°F.

SHELF LIFE: 12 MONTHS AT 10°F OR LOWER